

# Making the most of your energy supply!



## Here's some tips on how to make the most of your energy supply during the colder months.



### Adjusting your thermostat

Lowering your thermostat by just 1°C can reduce your heating bills by as much as 10%.



### Make the switch to LED bulbs

LED bulbs consume 80% less electricity compared to traditional ones and also have a longer lifespan.



### Do not overfill your kettle

A full kettle ranks among the highest in energy consumption for household appliances. Therefore, only fill the kettle with the amount of water you truly require.



### Turn off

Instead of allowing your appliances to remain on standby, make sure to switch them off! Although this may seem like common advice, it truly makes a difference.



### Seal off any draughts

To prevent cold air from seeping through your windows or doors, utilise draught-proof strips or draught excluders to effectively keep the chill out.



### Choose A-rated appliances

They offer greater energy efficiency! To identify these, look for labels that display an 'A' rating or an Energy Saving Trust Recommended label.



### Bleed your radiators

This process will eliminate any trapped air, which can prevent certain areas of the radiator from heating properly.



### Make sure to service your boiler

To keep it in excellent working order, have it inspected regularly by a Gas Safe Registered Engineer.



### Wash your clothes using a cooler setting

Maximise your washing efficiency by filling the machine to its capacity!